

THE NAARVA



VOICE

VOLUME 20 ISSUE 1

WINTER 2019

From Your President...

When my family started camping in 1978, we were extremely excited about Rv'ing. Although, we were members of national organizations they were not meeting our expectations and needs.

Years later we joined NAARVA and became members of the *Texas Sojourners Chartered Chapter #19* in the Southern Region.

Knowing that NAARVA was in place and that we could be an active part of the National African American RVer's Association was a blessing to my family! We have experienced activities, food and fun that is sometimes unique to the African American culture — we found family.

NAARVA's structure was organized for Fun, Meeting New Friends and wholesome Family Outings.

NAARVA is One Family: The Executive Board, Central Region, Eastern Region, Southern Region, Western Region and all the Chapters make up the NAARVA Family. Families are stronger when they work united and share a common cause and goal.

Each member of the family has its own responsibilities and at the end, making our hopes and aspirations become real life experiences for ourselves and our families to come.

These experiences are as real as our commitment to follow the rules that govern our family and change them when a change is needed!

Our family business affairs are managed by a couple of dedicated employees at our National Office and the only paid staff. Honorariums are issued as directed in the Constitution and By-Laws to others that manage NAARVA affairs to ensure membership and rally concerns are carried out.

To be a healthy family, we must honor leaders and members when they are involved in making the plans we strive for a reality. **We Are Family.** We celebrate when successes are achieved, and we mourn loss together as one.

I am looking forward to seeing you at the NAARVA National Camp Rally "*NAARVA Across America*"



(Honoring our Veterans) at Mesa Spirit RV Resort in Mesa, AZ — July 21-28, 2019, as we continue the NAARVA journey.

**Love and Blessings
to Each of You,
Gladys Curtis President**

27th NAARVA National Rally - Mesa, AZ - July 21-28, 2019



• Register for the National Rally **before May 3rd** and you will be automatically entered in a drawing for \$50 and a 32-inch Smart TV!



- Please note that some activities have a fee and require pre-registration.
- Visit naarva.com for complete Rally Packet and updates.
- Make the Western Region your 2019 Vacation Destination as we take "*NAARVA Across America.*"

(See page 8 for more details.)

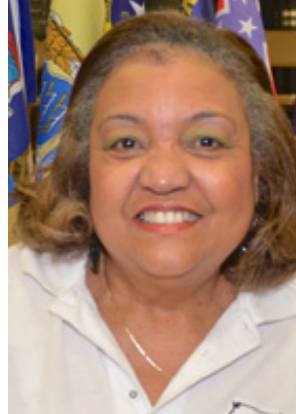
NAARVA EXECUTIVE BOARD - 2017-2019



GLADYS CURTIS
President
 brookshiregirl@hotmail.com



AUBREY MANUEL
1st Vice President
 Aubreymanuel1999@att.net



MYRTLE MAYFIELD
2nd Vice President
 gqmayjr@aol.com



PATRICIA SWANN
Recording Secretary
 patncls@bellsouth.net



MICHELE DONALD
Asst. Recording Secretary
 Michele.donald15@gmail.com



JOHN CANNON
Treasurer
 jncannonball@hotmail.com



JOELLEN DAVIS
Assistant Treasurer
 joellen8196@aol.com



DOROTHY SMITH
Financial Secretary
 ladylvnv@embarqmail.com



JOE BRADY
Asst. Financial Secretary
 jbrady1243@aol.com



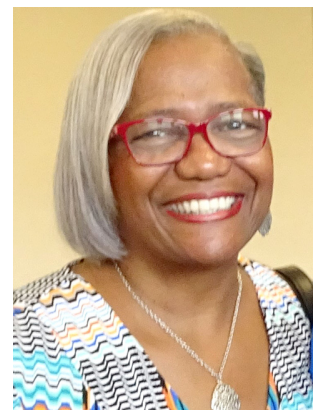
BELINDA MOORE
Director, Eastern Region
 queenbee2300@aol.com



RODNEY THOMPSON
Acting Director, Southern Region



JEROME MOORE
Central Region Director
 Jhercules1950@gmail.com



LOUISE GROGAN
Director, Western Region
 nanagrogan@verizon.net

A Word From the Editor

HAPPY NEW YEAR!

Here's to another great year of RV'ing. If you're one of those people obsessed with starting the new year with a plan, organizing your yearly travel calendar and exploring a new destination could be the perfect way to do so. However, there are those free spirits who balk at the idea of planning. They're the ones who throw a dart at the map and travel to wherever it lands.

To paraphrase Oleta Adam's song, "I don't care how you get there, just get there if you can." The point is, however you do it, just release your wanderlust spirits to explore all that this country has to offer.

RV'ing offers us an insight into different worlds within our own country. Places where customs, cuisines, experiences, routines, concerns and even dialects, may be completely unfamiliar to us. We all have lives that are full of different connections, memories and possibilities. That's "soder" — the realization that each passer-by is living a life, that (while different) is as complex as your own.

RV'ing across the USA can be viewed as a passageway to a myriad of lifestyles and experiences that you never knew existed. Whether you have a planned trip to a NAARVA rally or a spontaneous drive to parts unknown, everyday can be whatever you choose. That's the joy of RV'ing.

Here's to an exciting 2019 — **May your journeys be memorable and may your blessings be plentiful.**

Gwynne Toney, Editor



GWYNNE TONEY
Editor

RV Cooking with Bev Ann



By Beverly Dailey
MO/KAN
Roadrunners

Nothing Bundt Cake Copycat

Prep Time: 10 minutes

Bake Time: 45 minutes

Ingredients for Cake:

1 box Yellow Cake Mix

1 small box Vanilla Instant Pudding

8 ounce Sour Cream

1/2 cup Water

1/2 cup Oil

1 teaspoon Vanilla Extract

4 Eggs

Ingredients for Frosting:

1-1/2 to 2 cups Powder Sugar

1/4 cup Butter

1 teaspoon Vanilla Extract

8 ounce Cream Cheese

1. Preheat oven to 350 degrees F,

and grease and flour your bundt cake pan.

2. Mix the first seven cake ingredients together.

3. Pour batter into your greased bundt cake pan. Bake at 350 for 45-50 min. Allow to cool in the pan for 20 min., then remove from pan and place on wire cooling rack.

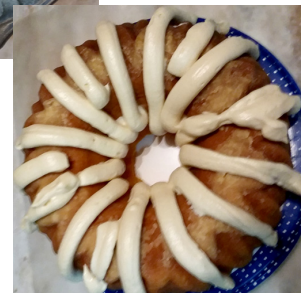
For the Cream Cheese Frosting:

1. Cream together the cream cheese and butter. Mix in the vanilla. Gradually stir in the powdered sugar until smooth.

Frosting the cake:

1. Spoon frosting into a pastry bag with no tip attached. Starting in the

hole of the bundt cake, squeeze and drag frosting up and over the cake. Decorate as you please, I chose to decorate with beautiful flowers - ENJOY!



Going Against the Flow

"But the whole assembly talked about stoning them." Numbers 14:10a Have you ever had to stand up against the majority for a cause that wasn't popular? God brought the Israelites out of Egypt and promised He would lead them into a land of milk and honey. The process of moving out of Egypt was difficult. They could no longer do things the old way, for the old ways didn't work in the desert. God provided for them during this journey. But there came a point in which the people forgot what God had said. Their discomfort changed their belief about God.

Whenever God is slow to answer our prayers, He is working them out. Do we change our plans and move in a different direction when pressure mounts? Or do we continue on the path God has directed for us? Four men believed what God said and were willing to stand; however, the crowd wanted to stone them.

When Moses and Aaron fell face down in front of the whole Israelite assembly gathered there. Joshua, son of Nun, and Caleb, son of Jephunneh, who were among those who had explored the land, tore their clothes and said to the entire Israelite assembly, "The land we passed through and explored is ex-

ceedingly good. If the Lord is pleased with us, He will lead us into that land, a land flowing with milk and honey, and will give it to us. Only do not rebel against the Lord. And do not be afraid of the people of the land, because we will swallow them up. Their protection is gone, but the Lord is with us. Do not be afraid of them."

But the whole assembly talked about stoning them. Then the glory of the Lord appeared at the Tent of Meeting to all the Israelites (Numbers 14:5-10).

Notice Joshua's and Caleb's response to the situation. They had spied the land. They believed God. They challenged the crowd. They seemed to know that if the Lord was not pleased with them they would not enter into the Promised Land. Those who grumbled did not enter the Promised Land. Only Joshua and Caleb and a new generation saw the fulfillment of God's promise.

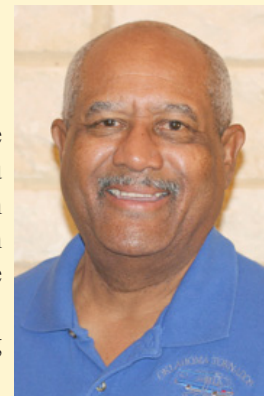
Has God called you to stand for a cause bigger than yourself? You will have opposition to His call; sometimes it even comes from those in your own camp. But if God has called you, then you can be sure He will make a way. He has already opened

the way before you. But you must walk in faith, joined with Him to take the land.

"...Be strong and courageous. Do not be terrified; do not be discouraged, for the Lord your God will be with you wherever you go." (Joshua 1:9).

NAARVA is going through a change now, but we need YOU to stand for what is right. We need you to HELP NAARVA lead the next generation into the "promised land." I am asking for you to trust the current leadership to help US grow and meet your needs as God did for the Israelites. It may look like you are going against the flow, but TRUST what we have to take us forward. Just be patience and trust your leadership and join me in prayers for the future NAARVA is doing for us.

*Your National Chaplain
Rev. Thomas A. Hanes, Sr.*



Rev. Thomas A. Hanes
National Chaplain
servicing "YOU."
talberthanes@yahoo.com

Greetings All and Blessings to You,

I received a thank you letter from the CEO of Second Change Last Opportunity, April Glasco, thanking NAAARVA for the donation of \$1,184.30.

"It will enrich the classes through your generosity, that families will have the opportunity to experience life skills classes, GED opportunities as well as family enrichment."

I want to say, "thank you NAARVA" for the community support and spiritual guidance you provide.

God Bless,

Rev. Thomas Hanes

National Chaplain serving: YOU



Dr. Preston Bryant
National Scholarship Chairman

Education Station

Hear Ye! Hear Ye! **Spring Scholarship Alert**

The 2019 NAARVA Scholarship application is in the infancy stage. Applications will be posted on the NAARVA website.

I encourage you to keep alert, watchful and vigilant. Tentatively, scholarship application forms will be available on this site during the month of March. So keep your eyes on this locations during the month of March.

**Become a friend
of NAARVA.**



**Find us on
Facebook**

Dear NAARVA Members,

It is once again time for us to elect officers to the Executive Board of Directors of NAARVA, Inc. The Nominating/Election Committee received nominations for the positions of President, 1st Vice President, 2nd Vice President, Treasurer, Assistant Treasurer and Financial Secretary. The candidates have submitted a brief statement of their qualifications and expectations for advancing NAARVA to a better organization. Please read the statements and be ready to cast your vote.

Ballots will be mailed to each member in the Spring, with directions for submitting your ballot to the Nominating/Election Committee.

The positions that did not receive a nominee were: Recording Secretary, Assistant Recording Secretary and Assistant Financial Secretary. These positions will be addressed at the 2019 National Rally in Mesa, Arizona.

Maurice Anding
Chairperson
Nominating Committee

~ CANDIDATES FOR ELECTED OFFICES ~

For President...



LOUISE GROGAN

NAARVA EXPERIENCE:

Director, Western Region: 2010 to present.

President 2007-2010 *California Cruisers*; Membership 2006 - *California Cruisers*.

1. "Wild Wild West" - Pahrump, NV 18th Annual NAARVA Western Regional Rally 2018.

2. "Team Spirit" - Buellton, CA. 17th Annual NAARVA Western Regional Rally 2017.

3. "Family Reunion" - Kennewick, WA. 16th Annual NAARVA Western Region Rally 2016.

4. Motown - "We Will be Dancing in the Streets" Mesa, AZ - 23rd National Camp Rally. 2015 National African Americans Rv'ers Association (NAARVA).

5. "Under the Big Top" - Red Bluff, CA. 15th Annual NAARVA Western Region Rally 2014.

6. "Mardi Gras in the Desert" - Tucson, AZ. 14th Annual NAARVA West-

ern Region Rally 2013.

My work with NAARVA Western Region as Regional Director has included the development of clubs that continue to participate in National and Regional Rallies. I am known throughout Western Region as a capable, effective leader and I would like to bring a new sense of energy, style and administrative skills to NAARVA along with the ability to build teams that make a difference in an organization that functions primarily with volunteers.

EMPLOYMENT:

After 27 years of employment from 1980 to 2006 with Riverside County Department of Public Social Services, I retired as a Human Resources Administrative Compliance Officer/Administrative Services Manager. As Administrative Services Manager I managed a unit of six employees responsible for workplace security and safety, processing of Workers' Compensation and ADA Compliance for approximately 2,700 employees.

Community Volunteer Assignments

Human Relations Commission - City of Riverside - 9/90 - 3/2001.

Chairperson 1996/97, 1997/98 and 1999/2000.

Inland Empire Coalition Against Hate Crimes - 2000.

Police Review Policy Committee City of Riverside

September 1999 - February 2000

Representative for Mothers Against Drunk Driving (MADD) - 1999.

M-2 Prison Visitation Ministry - 1999 Toastmasters International - 1996.

St. John Missionary Baptist Church Member since 1983.

Community Recognition

NAACP Award - 1997.

Community Involvement with Human Relations Commission/Study Circles.

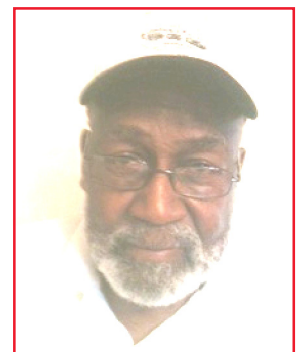
YWCA Everyday Hero - 1998.

Contribution to eliminating racism and hate in the community.

Assemblyman Rod Pacheo - April 2000, Community Service Recognition Award.

"A vote for Louise Grogan is a vote for NAARVA Members!"

For 1st Vice President



JOE BRADY

My name is Joe Brady and I am running for 1st Vice President.

(Continued on page 6)

The NAARVA Voice — 5

~ CANDIDATES FOR ELECTED OFFICES ~

(Continued from page 5)

My wife, Pat and I have been members of NAARVA since 1999. We have attended all but one National Rally.

I have been active at the Region and National level. I currently hold the position as Assistant Financial Secretary and Chairman of the Constitution and By-Law Committee.

I retired from United Steel Workers of America after 40 years. During that time I held a number of positions which included Financial Secretary, Treasurer and President for 12 years. I believe the experience I received dealing with Corporate America and my union brothers and sisters gives me the ability to do the job as 1st Vice President.

I know how to be a leader and know how to deal with people.

Thank you in advance for your vote.

For 1st Vice President



BELINDA "BEE" MOORE

Hello, My name is Belinda "Bee" Moore also known as Queenbee and I am running for 1st Vice President of NAARVA.

I worked as a Civil servant for the State of New York in the Dept. of Social Services and Unified Court Administration from 7/6/1967 - 1/31/2007. I served from April, 1978 to December, 1989 in the U.S. Army Reserve, serving as the NCOIC of 5-1 (Personnel) at the 344th General Hospital, Fort Totten, NY. My rank at discharge was SSG.

I first started camping in 1989 when

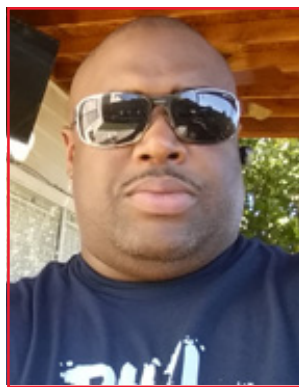
my husband and I purchased our first RV. We joined NAARVA and the Eastern Region in 1999 and attended our first NAARVA National Camp Rally in Perry, Georgia.

In 2002 we joined the camping club, *The Royal Campers*.

In 2008, I was elected Assistant Director of the Eastern Region, 2010 to the present. I was elected Director of the Eastern Region in 2012 and hosted my first and successful NAARVA National Camp Rally with the aid of my Executive Board and the members of the Eastern Region. In 2016 the Eastern Region had the pleasure of hosting our second successful NAARVA National Camp Rally.

My goal is to conduct myself at all times to promote and exemplify the purpose of NAARVA and to assist the President in moving NAARVA forward to enhance our membership and the attendance at the National rallies.

For 2nd Vice President



RODNEY THOMPSON

Hello Brothers and Sisters,

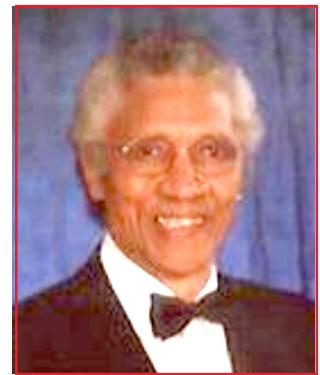
I, Rodney Thompson, am a member of *Texas Sojourners* and I am seeking the position of 2nd Vice President of NAARVA. I have been a member for 7 years. I am currently the Asst. Director of the Southern Region in which I have served two terms.

I am a United States Army Veteran. I attended Prairie View A&M and majored in business. I retired from the Postal Service, where I was the President, Vice President, OWCP Rep, and steward of Branch 3867 of The Na-

tional Letter Carriers Assoc.

My plan for NAARVA is to keep moving forward in the right direction. I want to do my part and make this organization financially stable for the years to come, by recruiting new and younger members. With the help of all the wonderful members of NAARVA we can make this organization one of the best RV ORGANIZATIONS IN THE USA!

For Treasurer



JOHN CANNON

After graduating from Kentucky State University in 1960 with a BS in Business Administration, my first job was a high school mathematics teacher in Appamattox, VA. From there I moved to Portsmouth, VA and taught mathematics at I.C. Norcum High School. During the four years in Portsmouth I also attended Hampton University where I earned a MA in Education. The following year I was awarded a National Science Foundation Academic Scholarship to attend the University of Oregon where I earned a MS in Interdisciplinary Mathematics Studies.

After graduating from UO in 1966, I began a 24-year career in telecommunications at AT&T Bell Laboratories doing Software Research and Development of large scale computer systems. In 1973 I transferred to Seattle, WA and continued my career at Pacific Northwest Bell Telephone Company (PNB), later known as U.S. West/Qwest/Century Link, with corporate responsibilities for technical

(Continued on page 7)

~ CANDIDATES FOR ELECTED OFFICES ~

(Continued from page 6)

teaching career as a mathematics professor at Seattle Central College and retired from teaching in 2000.

I have been a member of the *Funseekers/Rain City Travelers RV Club* and NAARVA for 17 years and was introduced to RVing and NAARVA by my late wife, Conne when we met in 2001. I am an avid RV'er and enthusiastic supporter of NAARVA. I previously served 5 years as the Financial Secretary of the Western Region and have held the position of Assistant Treasurer of NAARVA.

I currently serve as the Treasurer of NAARVA and am seeking a second term in that position. It is my goal to preserve the integrity of our financial record keeping with timely and accurate reports, to record all income and expenses in a format easily deciphered and understood and continue to stay abreast of current accounting technologies.

For Asst. Treasurer



JOELLEN DAVIS

I, Joellen Davis, hereby declare my candidacy for the position of Assistant Treasurer for NAARVA National Executive Board, for the years of 2019-2021.

I have been a member of NAARVA since 1996 (#94-0571). I am the President of the *Rocky Mountain RV Rollers*, which is Charter Chapter #46 of NAARVA. The Club was formed in 2005, and I was elected as President. This is an office I continue to hold. I have attended most of the National Rallies since 2000 and most of the

Central Region Rallies since 2002. I am also a member of FMCA, Freightliner, and Winnebago-Itasca (WIT).

Currently, I am the Assistant Director of the Central Region, as I was elected by the Central Region members in June, 2018. Previously, I was elected Assistant Director by the Central Region members in attendance at the 2008 NAARVA National Rally in Sparta, Illinois, and served in that position for 4 years. Prior to being Assistant Director, I was elected in 2003 by Central Region members to be the Recording Secretary. I held this position from 2003 through 2008. As Assistant Director and Recording Secretary for the Central Region, I was involved in every Central Region Rally. I have also been personally involved in the National Rally for 2008, 2013, and 2017. Another task that I took on was updating the Central Region's Constitution and By-Laws, which contains the most current edition (updated in 2014).

I was born in Denver, Colorado and attended Denver Public Schools. I graduated from Colorado State University with a Bachelor of Science Degree in Physical Education (K-12) in 1978. I started working for Denver Public Schools in 1985 as a Computer/Math Resource Teacher. I then taught 6th grade for 1-1/2 years and Physical Education (1st - 6th grades) for five years. I received my first Master of Education Degree in Computers in Education from Lesley College, in 1989. I received an additional Master of Arts Degree in Educational Administration/Type D from the University of Phoenix in 1992.

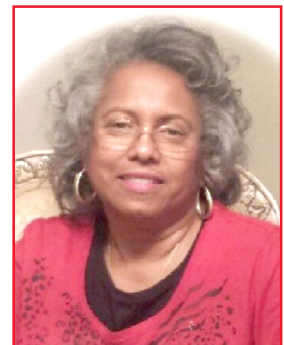
Beginning in 1992, I served as Assistant Principal, Principal, and Student Advisor until my retirement in 2011 (25 years). While serving on the Central Region Executive Board, I was Principal, and was responsible for having a budget for a school with over 600 students and 35 staff members. I

am very familiar working with Excel spreadsheets, Microsoft Word, and other computer programs and am willing to work with the necessary budgets that NAARVA has for its National Rallies.

Finally, I am committed to NAARVA and am willing to take on the added responsibility of keeping NAARVA financially responsible to its members.

In closing, I was appointed as Assistant Treasurer in October, 2018 by Mrs. Gladys Curtis, current NAARVA President. I have been working with John Cannon (Treasurer) to learn all of the accounts associated with the National Rally and feel very comfortable in continuing in this position over the next two years. I will continue to keep the lines of communication open between members of NAARVA and the National Executive Board and will serve NAARVA's members to the best of my ability. I am looking forward to your continued support by electing me as Assistant Treasurer of NAARVA.

For Financial Secretary



DOROTHY L. SMITH

Hello, my name is Dorothy Smith. I am currently the NAARVA Financial Secretary and I am applying for re-election. I have been RVing since 1986 and a member of NAARVA since January, 2004 - NAARVA #94-2179.

Since joining NAARVA, I have had the opportunity to attend every annual National Rally. From 2007-2011, I held the position of NAARVA Financial Secretary. From 2011-2015, I was the NAARVA Assistant Treasurer (Rally Treasurer). As Assistant Treasurer, developed and implemented the first

(Continued on page 12)



27th NAARVA National Rally
July 21 - 28, 2019
Mesa Spirit RV Resort
3020 East Main Street, Mesa, AZ



LOUISE GROGAN
 Director,
 Western Region
 nanagrogan
 @verizon.net

Your registration packet is online and ready for completion. We are excited as we celebrate the 2019 National Camp Rally — **“NAARVA Across America - Honoring Our Veterans”**

You are invited to catch the “Spirit” at Mesa Spirit RV Resort!

Mesa Spirit is your warm-weather destination for a wide array of activities and attractions, including fishing,

The Original Las Vegas Rolling Wheels

The Fire Rock Steak House served as the location for the annual Christmas Party, held December 21, 2018 for the *Original Las Vegas Rolling Wheels Club*. At what could have been a somber occasion, due to the death of “Tony” Steele in October, Anne Steele was left to carry out their hosting responsibilities.

After a scrumptious meal enjoyed by the members and guests, the evening started off with the hostess, substituting for invited performers who were unable to attend, singing her own version of “We Are Family”. Appropriately words were changed to make the tune a real “RV Anthem”. After the performance brought the house down it was an evening of fun and laughter.

The Rolling Wheels annual gift exchange took place and Anne gave a token from Tony’s possessions to each of the men in the club, to be opened on Christmas day. A deck of cards, that they had surely played bid whist with, was given to all of his female partners. Each couple and our guests received a gift from the hostess, “a telescoping flash light”.

The evening ended with New Year’s Resolutions and the promise of great camp outings during the coming winter and spring.

Submitted by,
Luria Walker, Secretary.

swimming, golfing, sporting events, shopping, spas, casinos, and much more! This Arizona RV resort is situated in the desert just west of the beautiful Superstition Mountains and only a 30-minute drive away



from Phoenix. A pet-friendly RV Resort, Mesa Spirit features 1,800 spaces with full hook-ups. Even big coaches are very welcome and easily accommodated.

You don't want to miss the great activities planned for your enjoyment, all seminars and activities will be scheduled in fully air-conditioned, spacious rooms to ensure your comfort. You can choose to be inside or poolside.

Planned activities:

- Youth Camp, Tuesday, Wednesday and Thursday (10 a.m. - 3 p.m.)
- Scavenger Hunt, Mommy Muffins, Daddy Donuts
- Bible Study, Tuesday and Thursday
- Church Service, Saturday morning
- Texas Hole ‘em, Bid Whist, Billiards, Dominoes, Bean Bag Baseball, etc.
- Cooking with “Chef Goodwill”
- Dresses for African Girls Service Project
- Wednesday night parade and “Block Party” with DJ - food vendors.
- Red, White and BLUES “A Night of Rhythm & Blues.”
- Line Dancing.
- Skate Party.
- Opportunity Drawings and Silent Auction.
- Veterans Recognition.
- Couples Dance Competition.

Register now, before May 3rd and you will automatically be entered in a drawing for \$50 and a 32-inch Smart TV! Some activities have a fee and require pre-registration. Visit naarva.com for Rally Packet and updates. Make the Western Region your 2019 Vacation Destination as we take “NAARVA Across America.”

NAARVA ACROSS AMERICA

“Honoring Our Veterans”



**Wake up America, look out NAARVA, here we come
We're raising the American flag, a tribute for everyone
From the north to the south, the east to the west
We're coming together to show off our best.
Like the stars and stripes, our colors don't run
By diversity we're threaded together as one.**

We honor our proud veterans that fought for our freedom

**All branches of service, you know that we love them
From the Army to the Navy, Coast Guard, Air Force and Marines
We tip our hat to you for giving us our American dream.**

**Western Region is always here to show you lots of fun
With games, prizes and shopping, you'll be tired when you are done.
There's a paint party we planned so show off your art skills
With different colors and paint brushes we know that you will.**

**A skate party is also fun where the pros can race around
If you're an amateur, that's ok, just try not to fall down.
There's a candy factory in town where you can make your own treats
Everybody loves chocolate, it will be so sweet to eat.**

**The Queen Creek Olive Mill is a great place to see
The production of olive oil made especially for you and me.
We always have our Red Hat Tea and the ladies look so pretty
But we didn't forget the guys, food and drinks is the nitty gritty.**

**We'll keep our kids real busy, they'll have loads of fun
With games, crafts and swimming, a great time for everyone.
For those who love playing cards, the competition is cocky
Get your partner and get ready, you're either good or you're lucky.**

**A nighttime parade will be special and oh, so exciting
With floats and a Grand Marshal, flags waving and lights shining.**

**What is Biosphere2? We are going to find out.
A trip to the laboratory where science is what it's all about.**

**The red rocks of Sedona should be on your agenda
The scenery, the art and the shopping will win ya'.**

**The Combat Aviation Museum should be on your list to see
Airplanes from World War II to the present, there's so much history.
So we'd love to see you in Mesa, we're excited to show you around
Western Region in 2019, where NAARVA fun can be found!**

**~Elizabeth Hemingway
Western Region — CA Cruisers**

EASTERN REGION

Anchors Aweigh!

“Anchors Aweigh” NAARVA Eastern Region members and non-members to the 2019 Eastern Region Rally located at Chesapeake Bay KOA Resort in Cape Charles, VA., from May 16-19, 2019.

If you decide to enter the resort before May 16, 2019, we are offering Early Bird admission commencing May 13-15, 2019. Please see fee on registration form and indicate your desired dates with amount.

Chesapeake Bay KOA Resort is located just north of the Chesapeake Bay Bridge Tunnel. The resort sits right on the bay with its own private beach. There’s also a dog beach for your furry travel companions. This waterfront resort offers accommodations suited for both campers and glampers. Enjoy the waterfront views and the stunning sunsets. Bring your fishing gear for fishing memories that will not be forgotten. The resort has 20/30/50 amp service with water and sewer service, free Wifi and cable, two pools, dog park, playground, laundry facilities, fitness center, 24-hour comfort stations, shuttle service, fire rings and picnic tables at every site and a camp store. This resort has watersport rentals, Happy Jack’s Cafe and The Jackspot Bar & Grill.

After the Opening Ceremony on Thursday, May 15, 2019 and on Friday and Saturday evening you can listen and kick up your heels to R&B new and old music provided by our DJ, Terrence Greenhow.

Saturday morning following our General Assembly Meeting, we will have our Worship Service. Friday and Saturday evening we will draw the tickets for the door prizes. The winning ticket for the 50/50 will be drawn on Saturday evening.

On Friday, there will be a paint party for you to unlock the artist within you for a memorable experience. Information is provided in the registration packet. Indicate on the registration form if you desire to participate in this event.

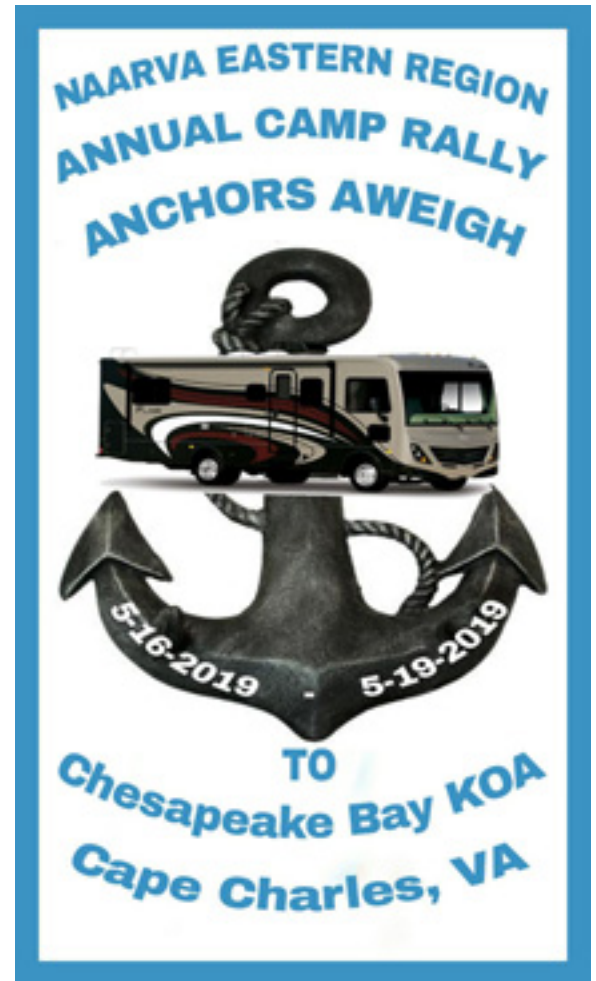
Chesapeake Bay KOA offers spacious cottages that sleep up to six people and hotel rooms for individuals who do not have a RV and don’t want to drive their RV to the rally. Contact Belinda Moore, Director of NAARVA Eastern Region at 570-977-9172 regarding renting a cottage or hotel room. Please see information regarding cottages and hotel rooms in the registration packet.

Rent a golf cart at this rally for \$35 per day and indicate it on the registration form. All personal golf carts must be registered at resort and must provide proof of current insurance with a minimum of \$100,000 liability coverage. The rate for personal golf carts is \$10 per day and must be paid for the duration of the reservation to the resort.

Come ready to play card bingo for fun and excitement and cake walk for delicious treats. Bring your “A” game for 10 — The NAARVA Voice



BELINDA MOORE
Director, Eastern Region
queenbee2300@aol.com



fun and trash talk to play Beanbag baseball.

Groups that want to park together must send in their registration forms together to ensure that you are parked together. You will not have to arrive together. Please remember to put your club name and size of your RV on your registration form.

As we enter into another year of camping, we appreciate your continued commitment to NAARVA Eastern Region by paying your annual membership dues of \$10 by January 31, 2019.

We look forward to your attendance at this rally as there is fun, fellowship with family and friends aiting just for you.

Respectfully,
Belinda (Bee) Moore, Director
NAARVA Eastern Region



ECOLOGY!
ECOLOGY!
ECOLOGY!

Help Save Our Planet!
Keep your Chapter’s project up and running
or start one if you don’t have one.
Vie for the Prize in Mesa!

SOUTHERN REGION



The members of *The Georgia Easy Riders RV Club* have been busy planning for your arrival at the 16th Annual NAARVA Southern Region Camp Rally at the Atlanta Motor Speedway (AMS) in Hampton, Georgia. The theme of the rally is “*RVing to the Finish Line*”.

Atlanta Motor Speedway is located on 850 acres in Hampton, GA, just 25 miles south of Atlanta. AMS is one of the country’s top sports, corporate, family and entertainment facilities. The cities of Hampton, McDonough and Atlanta offer a variety of shopping, dining, and entertainment venues.

At the rally you will enjoy the AMS speedway, seminars, shopping, vendors, heritage and civil rights tours, entertainment, a casino trip, line dancing, rally parade, Roaring 20’s Party, a Black and White Night Party and so much more.

We invite you to join us on May 19 - May 26, 2019 in Hampton, Georgia. Our goal is to make sure that you have a great camping and vacation experience. We encourage you to register early.

The *Georgia Easy Riders RV Club* and the wonderful staff at Atlanta Motor Speedway are eagerly anticipating your arrival. Visit the AMS website at <https://www.atlantamotorspeedway.com> to view the amenities of the speedway.

We look forward to seeing you in “RVing to the Finish Line”. Registration forms can be found at Naarva.com/southern.

***Be A Contestant In
“The Big Rolling Wheels
Contest”
Get Your Cameras Rolling
And
Your Fingers Recording!
See You in Mesa!***



Atlanta Motor Speedway



Mercedes – Benz Stadium



Martin Luther King Jr.
National Historic Site



CNN Center



College Football
Hall of Fame



Georgia Aquarium



National Center for
Civil and Human Rights



Atlanta Underground



Rules for Submitting Articles to The Voice

If you want to share news from your Club, or have something to say about RV’ing, E-mail your information to your Regional Director. **The deadline for the Spring issue is May 1, 2019.** RD’s and contributing writers, please E-mail your articles to the Editor soon after the events.

NAARVA members may access *The Voice* through the NAARVA website: www.naarva.com.

If you do not have an E-mail account or access to a computer, call 704-333-3070, and a hard copy will be mailed to you. *The Voice* is published three times yearly by NAARVA. Voice Editor: Gwynne Toney, naarvavoice@gmail.com.

CENTRAL REGION



JEROME MOORE
Central Region
Director
Jhercules1950
@gmail.com

Bereavement Information

A NAARVA member's death announcement should be given to your Chapter President, who will pass it along to your Regional Director. The Regional Director will submit the list of names to **Gloria Shelton, NAARVA's National Benevolence Chair**, at: shelt57@aol.com

CANDIDATES...

(Continued from page 7)

rally summary so that NAARVA could maintain historical records.

My husband, Lacy and I reside in Las Vegas, Nevada and we are active members of *The Original Las Vegas Rolling Wheels RV Club*. I was the Treasurer of our RV Club from 2005-2012. I am currently the Financial Secretary for NAARVA Western Region. I am retired from the City of Las Vegas after working over 30 years in the Human Resources Department. I am a member of Second Baptist Church, Las Vegas and was the first woman elected as a Trustee.

I am a devoted NAARVA member and I feel my background and experience qualifies me for the position of Financial Secretary. A vote for Dorothy is a vote for doing the job NAARVA elected me to do. Accurate reports, comprehensive reports and timely reports. I would like to be a part of the NAARVA team that will go the extra mile for the good of the organization.

THANK YOU FOR YOUR SUPPORT AND I WOULD APPRECIATE YOUR VOTE!

Remembering Pat Walker



The *Rocky Mountain RV Rollers* lost a valuable member, Pat Walker. Pat passed away on November 29th. Pat and Jim (Dr. Daddio) were married for 60 years. I felt extreme sadness when I heard of her passing. Pat was a wonderful friend to all and I can't help but remember all of the times we spent together at Roller outings and NAARVA Rallies.

Pat and Jim joined the Rollers in June, 2009 at our NAARVA - Central Region Rally in Fountain, Colorado.

Pat and Jim, along with their four grandchildren, JJ, Tori, Ariana, and Halle attended many of the Central

Region Rallies, in addition to attending the National rallies. We traveled together to Monticello and Goshen, Indiana; Amana, Iowa; Hemet, California; Sedalia, Missouri; Shawnee, Oklahoma; and Hutchinson, Kansas. Pat and Jim also hosted campouts in Ft. Collins, Colorado and also traveled to many areas in Colorado, Nebraska, as well as Kansas.

As a Roller, Pat became our Recording Secretary and was an integral member of our group. Pat was also the Financial Secretary and Treasurer of NAARVA — Central Region. She did a wonderful job and always had great ideas to share to make our organizations reach higher and higher. Pat was a joy to be around.

We know that the last few years, Pat was in a lot of pain, but she was a trooper. She continued to work hard and persevere. Pat was such a kind person and friendly to all those she came in contact with. We had good times with Pat and Daddio and Pat will be missed.

To honor Pat:

Be it resolved, that God in His infinite wisdom has seen fit to remove from our midst our dear friend Patsy Ruth Walker. Let it be noted that Pat, as we all called her, was a dedicated member of the Central Region of NAARVA with undeniable taste and style. She served with pride and distinction. We embrace the family because all of us have a common bond that will connect us for the rest of our lives. We know your loss is deep, and your sorrow is great, but we want you to know that we share in your sorrow, but more importantly, we recognize that this loss is Heaven's gain.

When it is all over, we would like you to remember:

In case there's a time when you just need some cheer,
In case there's a problem you would like for us to hear,
In case there's a favor you would like us to do,
We're here if you need us to help see you through.

To Jim and the rest of the Walker Family, remember Pat and know that she enjoyed her life, which included RVing and being a NAARVA member.

God Bless you and your family and remember the good times you've had.

Respectfully submitted by:
Joellen Davis, President
Rocky Mountain RV Rollers

Your Health Matters...Managing OA

Osteoarthritis (OA) is the most common form of arthritis, affecting millions. It occurs when the protective cartilage on the ends of your bones wears down over time — the unavoidable result of a long and active life. Some risk factors for OA, like aging, being female, certain jobs, genetics and bone deformities, can't be changed. Although the underlying process cannot be reversed, symptoms can usually be effectively managed. To slow progression of OA and help improve pain and joint function, doctors recommend you:

Maintain A Healthy Weight: Excess weight is one of the biggest risk factors. Each pound you gain adds nearly 4 pounds of stress to knees and increases pressure on hips six-fold. Over time, the extra strain breaks down the cartilage that cushions these joints.

Unless you are very overweight, losing even a few pounds can reduce joint stress and inflammation, cutting your risk of OA in half.

Control Blood Sugar: The latest research suggests that diabetes, which affects the body's ability to regulate

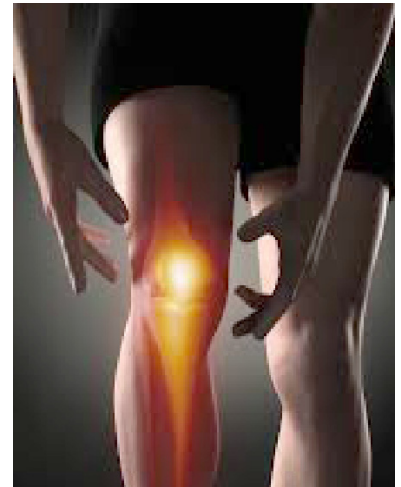
blood sugar (glucose), may be a significant risk factor for OA. Diabetes can also trigger systemic inflammation that leads to cartilage loss.

Get Physical: Physical activity is one of the best ways to keep joints healthy. As little as 30 minutes of moderately-intense exercise 5 times a week helps joints stay limber and strengthens the muscles that support and stabilize your hips and knees.

Whatever type of exercise you choose, listen to your body. If you have pain after a workout that persists more than 1-2 hours, do less, take more breaks, go slow until you know how your body reacts and don't repeat the same exercise every day. The Arthritis Foundation's "Walk With Ease" program can help you reach your goals.

Play It Safe: Because cartilage doesn't heal well, an injured joint is nearly 7 times more likely to develop arthritis. Fractures, dislocations, ligament tears and strains can significantly increase the risk.

Choose A Healthy Lifestyle: Ul-



timately, the best defense against any disease is a healthy lifestyle. The way you eat, exercise, sleep, manage stress, interact with others, as well as smoking or drinking can have a tremendous influence on your overall health, and on the health of your joints.

If you have joint pain, tenderness, swelling, loss of flexibility, grating sensation, bone spurs or stiffness that won't go away, talk to your doctor about treatment options.

By Gwynne Toney

There's An App for That



I discovered this App just in time for our last summer road trip to Canada. It's called "Toll"... It may not allow you to avoid all

the toll roads along your trip, however it will allow for you to predict and calculate your toll expenses before you arrive at the toll booth.

This App factors in your weight, height, trailer if any, number of axles, dual tires, time of day and more, to give you an accurate rate for your toll purchase.

This App works great on all toll roads anywhere in the U.S. and Canada. I found that this App was designed to save on those toll charges for RVer's and truckers.

The way it works is, you provide a starting and destination point and the App will calculate your toll charges along the route. You can even put in multiple routes at the same time. If you have any of those frequent toll passes it even calculates accurately what your expected charges will be. You can even select different times for travel to see the differences in toll charges.

This App is really worth checking out if you travel often on toll roads and you want to factor in the expense in your trip planning.

This App is available for iPhone and Android.



By Bruce Toney

ABOUT PICTURES...

Please remember when taking pictures that you need to have your camera set on a high resolution (at least 250 dpi {300 preferred}) and USE your flash at all times, even when outside, as it dispels shadows especially on faces. Don't be afraid to get "close" to the subject, so we can "see faces" not a lot of background. Send your photos via E-mail in a **separate .jpg file**. Do **NOT embed photos** in the article. If photos are too dark, blurry or too small, they will not be printed in *The Voice*. **Please limit your photos to 6 per article.**